

# Have an interest in bicycle racing?

## Attend a free 1 hr. novice road race clinic!



The Hampshire Cycle Club and the Wisconsin Cycling Association are holding free 1 hr. novice racing clinics to introduce cyclists who have thought about racing but never knew where to start.



This clinic will be held on the Muskego Park Circuit Race course between other daily races and will be led by local race instructors. The instructors will take the group on course and share with them tips and techniques on how to ride various features of a race course. Additionally, instructors can answer questions the cyclists may have about training, hydration, equipment and race day planning.

## Join Us!



### When:

- Saturday, May 11<sup>th</sup> 2019
- Please arrive at 11:30 AM or earlier to register, setup your bike and warm up
- Clinic starts at 12:30 PM sharp on the starting line
- On course clinic is 45-50 minutes as all riders must be off the course prior to next event



### Where:

- Muskego Park
- S83 W20370 Janesville Rd
- Muskego, WI 53150
- Parking at the pool house parking lot
- Waukesha County requires an annual county park sticker or a \$5.00 daily fee



### Registration:

- At the pool house
- You must register for the event
- You must complete a "One Day" USA Cycling license application. **"One Day" license applications are free to clinic participants only**



### What to bring:

- **Bike:** You must have your own bike
- **Helmet:** You must wear a cycling helmet at any time you are riding at the park
- **Cycling Clothing:** Please wear weather appropriate clothing for the day of the clinic
- **Tools:** Please bring any tools required to assemble your bike and inflate your tires

## Have an educational day outside!



[www.hampshirecc.org](http://www.hampshirecc.org)

[membership@hampshirecc.org](mailto:membership@hampshirecc.org)